

H'Art Work

Restoring the Flow of Creativity

Sunday, May 20th
10:00 a.m. – 6:00 p.m.

North Seattle Community College, North Star Dining Room
 9600 College Way North, Seattle, WA 98103

\$75 (\$50 if registered by May 6th 2012)

This workshop could help you...

- Reconnect with your Personal Muses
- Grow your capacity for Imagination and Play
- Unlock hidden Doorways to Inspiration and Passion



H'Art Work is an *open workshop* for those wanting to explore their inter-relationship with creativity, imagination and artistic expression. Relational Constellations help to reveal and resolve hidden systemic patterns, thus allowing us to create the life we desire. By using representatives from our participant circle, we give voice to the unseen entanglements that influence the way we connect to ourselves, to our inspiration and to our art.

About Systemic Constellations: Appealing to our innate human desire to live our lives in balance and harmony, this phenomenal methodology taps into the wisdom of the systems in which we live – our family systems, community systems, and organizational systems. The wisdom reveals and can transform the subtle energies, dynamics and patters that either enhance or hinder our ability to thrive. The methodology is a facilitated process that explores life's complexities and skillfully transforms them so that the most harmonious outcomes may arise. Bring your life questions, issues, challenges and dreams to be explored.



About your Facilitators:

Mark A. Johnson spent 20 years on stage as an actor, singer and dancer. He has had leading roles in children's theater, Broadway Musicals and Shakespeare. Mark is a Licensed Marriage and Family Therapist in Seattle and has been teaching and facilitating this work throughout the U.S. since 2003, including facilitating constellations

for tribal members of the Muckleshoot and Lakota Nations as well as for indigenous Maori in New Zealand.

Kirsten Love Lauzon spent 30 years on stage as a dancer, actor, circus performer, choreographer and director. She also spent 12 years as a professional graphic artist and multimedia designer, as well as jeweler, costumer and crafter of many varieties. Kirsten is a teacher and facilitator, passionate about the Evolution of Human Consciousness, who has been facilitating this work since 2006. She is a dreamer and visionary who believes in the power of love and the primacy of the heart.



Visit: SeattleConstellations.org to register